



CONTEST INFORMATION | SANCTIONED BY THE NPC

INFORMATION: Joe Lazzaro • (716) 570-4400 • Prousa95@aol.com • MrMsBuffaloContest.com • facebook.com/buffalobodybuilding

ENTRY FEE/DEADLINE: \$75.00 - first category, \$50.00 each additional category. Crossover between divisions are permitted. Due by March 3, 2018. Late entries will have a \$40.00 processing fee. **MONEY ORDER PAYABLE TO: JOE LAZZARO. NON-REFUNDABLE. PERSONAL CHECKS WILL NOT BE ACCEPTED.** Please mail contest entry with your money order payable to Joe Lazzaro to: Joe Lazzaro • C/O Paula Osika • 5 Woodmere Drive • Tonawanda, NY 14150

ELIGIBILITY: Open to all NPC registered athletes. Please pre-register at www.npcnewsonline.com/join-the-npc/. NPC cards will, also, be available at the contest. Bodybuilding, Classic Physique, Physique, Figure and Bikini competitions are a national qualifier and therefore open to all NPC registered individuals.

DATE, TIME & LOCATION: March 10, 2018 at 6pm | Niagara Falls Conference & Events Center | 101 Old Falls St, Niagara Falls, NY 14303

CHECK-IN: Friday, March 9, 2018 at 6:30pm at Niagara Falls Conference and Event Center. (All contestants MUST report for height and/or weight verification and NPC membership)

PRE-JUDGING:

- **Athlete and Backstage Trainer Credentialing Meeting:** Saturday, March 10, 2018 at 9:00AM
- **Judging:** Saturday, March 10, 2018 at 10:00AM

EVENING SHOW: Contestants are to report at 5:30 PM. Finals at 6:00 PM

MUSIC: Bodybuilding, Men's Classic Physique and Women's Physique: CD set at beginning with 60 sec. limit. If music is deemed to have profanity, the contestant will be disqualified. Men's Physique, Figure and Bikini will use house music.

GUIDELINES: All contestants must display good sportsmanship at all times and follow rules. All contestants will be presented to the audience at the finals. Signing the registration form is consent of acceptance to financial responsibility for replacement cost of Convention Center property caused by misuse. Classic Physique requires the standard black spandex posing trunks. For bodybuilding, men & women's physique, figure and bikini attire, please visit the links tab on MrMsBuffaloContest.com.

AWARDS: Top five in each class and overall winners will receive awards.

WEIGHT CLASSES:

Bodybuilding: Open Men: Bantam: Under 143 ¼lbs. • Light: Over 143 ¼ lbs. up to and including 154 ¼lbs. • Middle: Over 154 ¼lbs. up to and including 176 ¼lbs. • Light Heavy: Over 176 ¼lbs. up to and including 198 ¼lbs. • Heavy: Over 198 ¼lbs. up to and including 225 ¼ lbs • Super Heavy: Over 225 ¼ lbs • Novice: 3 classes - Under 165 ¼lbs. • Over 165 ¼lbs. up to and including 187 ¼lbs. • Over 187 ¼ lbs. • Men's Masters: Over 40 • Over 50 • Over 60 • Over 70 • Teens: Light: Under 176 ¼lbs. • Heavy: Over 176 ¼ lbs. • Women: 1 class.



WEIGHT CLASSES CONTINUED:

Mr. Buffalo Classic Physique:

Class A (Up to and including 5'7")

- Up to and including 5'4' & up to and including 155 lbs
- Over 5'4" up to and including 5'5" & up to and including 160 lbs
- Over 5'5" up to and including 5'6" & up to and including 165 lbs
- Over 5'6" up to and including 5'7" & up to and including 170 lbs

Class B (Over 5'7" up to and including 5'10")

- Over 5'7" up to and including 5'8" & up to and including 177 lbs
- Over 5'8" up to and including 5'9" & up to and including 185 lbs
- Over 5'9" up to and including 5'10" & up to and including 192 lbs

Class C (Over 5'10")

- Over 5'10" up to and including 5'11" & up to and including 200 lbs
- Over 5'11" up to and including 6'0" & up to and including 207 lbs
- Over 6'0" up to and including 6'1" & up to and including 215 lbs
- Over 6'1" up to and including 6'2" & up to and including 225 lbs
- Over 6'2" up to and including 6'3" & up to and including 232 lbs
- Over 6'3" up to and including 6'4" & up to and including 240 lbs
- Over 6'4" up to and including 6'5" & up to and including 247 lbs
- Over 6'5" up to and including 6'6" & up to and including 255 lbs
- Over 6'6" up to and including 6'7" & up to and including 262 lbs
- Over 6'7" & up to and including 270 lbs

Physique: Men: Up to and including 5'6" • Over 5'6" up to and including 5'8" • Over 5'8" up to and including 5'10" • Over 5'10" up to and including 6'0" • Over 6'0" • Junior (23 and under) • Over 40 • Over 50 • Women: Up to and including 5'6" • Over 5'6"

Women's Figure: Up to and including 5'2" • Over 5'2" up to and including 5'4" • Over 5'4" up to and including 5'6" • Over 5'6" • Junior (23 and under) • Over 35 • Over 45

Women's Bikini: Up to and including 5'2" • Over 5'2" and up to and including 5'4" • Over 5'4" and up to and including 5'6" • Over 5'6" • Junior (23 and under) • Over 35

TICKETS: Pre-judging and Night Show tickets are available online at Ticketfly.com, toll free at 877.987.6487 or at the event



OFFICIAL ENTRY FORM | SANCTIONED BY THE NPC | PAGE 1 OF 2

MEN'S OPEN: Bantam Light Middle Light Heavy Heavy Super Heavy

MEN'S MASTER: Over 40* Over 50* Over 60* Over 70*

MEN'S NOVICE: Light Middle Heavy

MEN'S TEENAGE: Light* Heavy*

MR BUFFALO CLASSIC PHYSIQUE: Class A Class B Class C

MEN'S PHYSIQUE:

Up to & including 5'6" > 5'6" to 5'8" > 5'8" to 5'10" > 5'10" to 6'0" > 6'0" Junior (23 & under)*
Over 40* Over 50*

WOMEN'S BODYBUILDING: 1 Class

WOMEN'S PHYSIQUE: Up to and including 5'6" Over 5'6"

FIGURE: Up to & including 5'2" > 5'2" to 5'4" > 5'4" to 5'6" > 5'6" Junior (23 & under)* Over 35* Over 45*

BIKINI: Up to & including 5'2" > 5'2" to 5'4" > 5'4" to 5'6" > 5'6" Junior (23 & under)* Over 35*

**must send a copy of your Birth Certificate or license with entry*

NAME: _____ AGE: _____

ADDRESS: _____ CITY: _____

STATE: _____ ZIP: _____ PHONE: _____

EMAIL: _____

HOW WOULD YOU LIKE TO BE INTRODUCED: _____

PREVIOUS CONTESTS/AWARDS: _____

**Please mail the Entry Form AND Athlete Release with your money order (payable to Joe Lazzaro) to:
 Joe Lazzaro • C/O Paula Osika • 5 Woodmere Drive • Tonawanda, NY 14150**



ATHELETE RELEASE FORM | SANCTIONED BY THE NPC | PAGE 2 OF 2

In consideration of being allowed to participate in any way in the 2018 Mr/Ms Buffalo Championships ("Event") promoted by Joseph Lazzaro ("Promoter") and sanctioned by the National Physique Committee of the USA, Inc. ("NPC"), its related events and activities,

I, **PLEASE PRINT NAME** _____, the undersigned, acknowledge, appreciate and agree that: The risk of injury from the activities involved in this Event is significant, including the potential for permanent paralysis and death, and while particular skills, equipment, and personal discipline may reduce this risk, the risk of serious injury does exist; and, I KNOWINGLY AND FREELY ASSUME ALL SUCH RISKS, both known and unknown, EVEN IF ARISING FROM THE NEGLIGENCE OF THE PROMOTER AND/OR THE NPC or others, and assume full responsibility for my participation; and, I willingly agree to comply with the stated and customary terms and conditions for participation, if, however, I observe any unusual significant hazard during my presence or participation, I will remove myself from participation and bring such to the attention of the Promoter immediately; and, I, for myself and on behalf of my heirs, assigns, personal representatives and next of kin, HEREBY RELEASE, INDEMNIFY, AND HOLD HARMLESS THE Promoter and the NPC and each of their officers, officials, agents and/or employees, other participants, sponsoring agencies, sponsors, advertisers, and if applicable, owners and lessors of premises used for the activity ("Releasees"), WITH RESPECT TO ANY AND ALL INJURY DISABILITY, DEATH, or loss or damage to person or property associated with my presence at or participation in or in traveling to and from the Event, WHETHER ARISING FROM THE NEGLIGENCE OF THE RELEASEES OR OTHERWISE, to the fullest extent permitted by law.

The undersigned further consents and agrees that the undersigned will comply with all rules and regulations of the "Hotel" (not applicable) including any rules or regulations prohibiting cooking or food preparation in the hotel rooms. The undersigned further agrees that the undersigned will indemnify and hold harmless the NPC and the Promoter from and against any damages caused by the undersigned to the Hotel or damages to a guest room or rooms occupied or registered to the undersigned. Finally, the undersigned acknowledges that the undersigned's failure to comply with any rule or regulation of the Hotel or damage to any guest room occupied by or registered to the undersigned may result in disciplinary action against the undersigned including, but not limited to, suspension as a member of the NPC and/or competing in contests sanctioned by the NPC. And in further consideration of permission being granted to me to participate in the Event and its related events. I hereby grant the NPC, Promoter and/or any other NPC-approved video or entertainment organization and all of their agents, successors, licensees and assigns, the right to photograph or otherwise reproduce (whether by lm, tape, still photography or otherwise) my voice, appearance and name, and to exhibit, distribute, transmit, and/or otherwise exploit any and all media, including without limitation, by means of still photography, motion pictures, radio, television, television motion pictures, video, printing on digital or any other medium now known or hereafter devised, including with respect also to any merchandising, advertising and/or publicity, and the right to use my name and information about me in any connection with any of the foregoing. The rights granted by me hereunder are granted for the entire universe and shall endure in perpetuity and no further compensation shall be payable to me at any time in connection therewith. Nothing contained herein shall be deemed to obligate the NPC, Promoter, and/or any other NPC-approved video or entertainment organization, to photograph or otherwise reproduce my voice, appearance or name, or to make use of any rights granted herein. I also understand that the aforementioned rights may be reassigned at any time without further consent. I understand that the NPC, the Promoter and/or any NPC-approved video or entertainment organization, are videotaping and photographing the Event in express reliance upon the foregoing, and I represent and agree that I am free to grant the rights granted to the NPC, Promoter and/or any other NPC-approved video or entertainment organization hereunder.

I HAVE READ THIS RELEASE OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVE UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND SIGN IT FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT.

X _____ Age: _____ Date Signed: _____

PARTICIPANT'S SIGNATURE

FOR PARENTS/GUARDIANS OF PARTICIPANTS OF MINORITY AGE (UNDER AGE 18 AT TIME OF REGISTRATION) This is to certify that I, as parent/guardian with legal responsibility for this participant, do consent and agree to his/her release as provided above of all the Releasees, and, for myself, my child and our heirs, assigns, and next of kin, I release and agree to indemnify and hold harmless the Releasees from any and all liabilities incident to my minor child's involvement or participation in these programs as provided above, EVEN IF ARISING FROM THE NEGLIGENCE OF THE RELEASEES, to the fullest extent permitted by law.

X _____ Age: _____ Date Signed: _____

PARENT/LEGAL GUARDIAN'S SIGNATURE

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